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Understanding the Power of The GROUP

“I have always had close friends. But what takes place with The GROUP is different. The strength of multiple minds, the power of the combined energy, a group of people who believe in you...there’s nothing like it.”

—AMY MEAD

Something interesting happens when you state what you want out loud in front of people who believe in you and support you in achieving your goals. You start believing, too. *Believing* you can have what you want is an important aspect of *creating* what you want. When you surround yourself with supportive people who encourage you to dream and remind you that anything is possible, believing and creating become

easier. Other people are not aware of the limitations you may place on yourself from past experiences or setbacks. Others see you more objectively. They see the whole you. They believe in you — sometimes even more than you believe in yourself.

What makes The GROUP so powerful?

Fresh Ideas, Different Perspectives

At times you may not see the full range of possibilities that exists when seeking to accomplish your goals. By being part of The GROUP, you tap into the power of multiple minds. You draw on the ideas, wisdom and experience of every person in The GROUP. They help illuminate answers that lie within you and guide you to solutions. They help you see things from different perspectives, opening your eyes to new ways of accomplishing your goals. What may not have seemed possible in the past is now within reach.

Support

Being part of The GROUP helps you let go of the belief that you have to accomplish everything on your own. You recognize that you are supported. Your GROUP is rooting for you, not only during each meeting, but also in the days and weeks between the meetings.

A Plan of Action

You leave your GROUP meeting with a written plan of action, ideas and tools to achieve your goals. You are ready to move forward and you know how to do so.

Accountability

When you discuss specific action steps with your GROUP, you are inspired to follow through and take action. Your GROUP brings accountability into your life as it takes you from talking about your dreams to achieving your dreams. Regular meetings keep you motivated to continue manifesting your goals.

Empowerment

It is rewarding to be celebrated when you accomplish a goal. You also listen to others express their goals and then celebrate when those goals are accomplished. When you share in the excitement of watching others turn possibility into reality, you are empowered. When one person wins, everyone wins.

Trust

Words spoken during your meetings are private and should never go outside of The GROUP. Honor, trust and privilege are an important part of The GROUP. It is an honor to be present when others share something personal. It is an act of trust on their part. For the listener, it is a privilege to be trusted in this way.

Combined Energy

When a group of people come together a powerful energy is formed...an energy that is greater than that of the individual. When the combined energy from

your GROUP is directed toward you, you are more likely to make changes and accomplish your goals.

Dreams are revealed. Discoveries are made. You witness a powerful change in others and in yourself. You help and support others, and by helping others, you help yourself. You accomplish your dreams and help others do the same. You believe in yourself and see that same belief grow in others. You feel recharged, empowered and ready to take action. The GROUP allows you to share in the experience of understanding and being understood, supporting and being supported and creating the life you want.